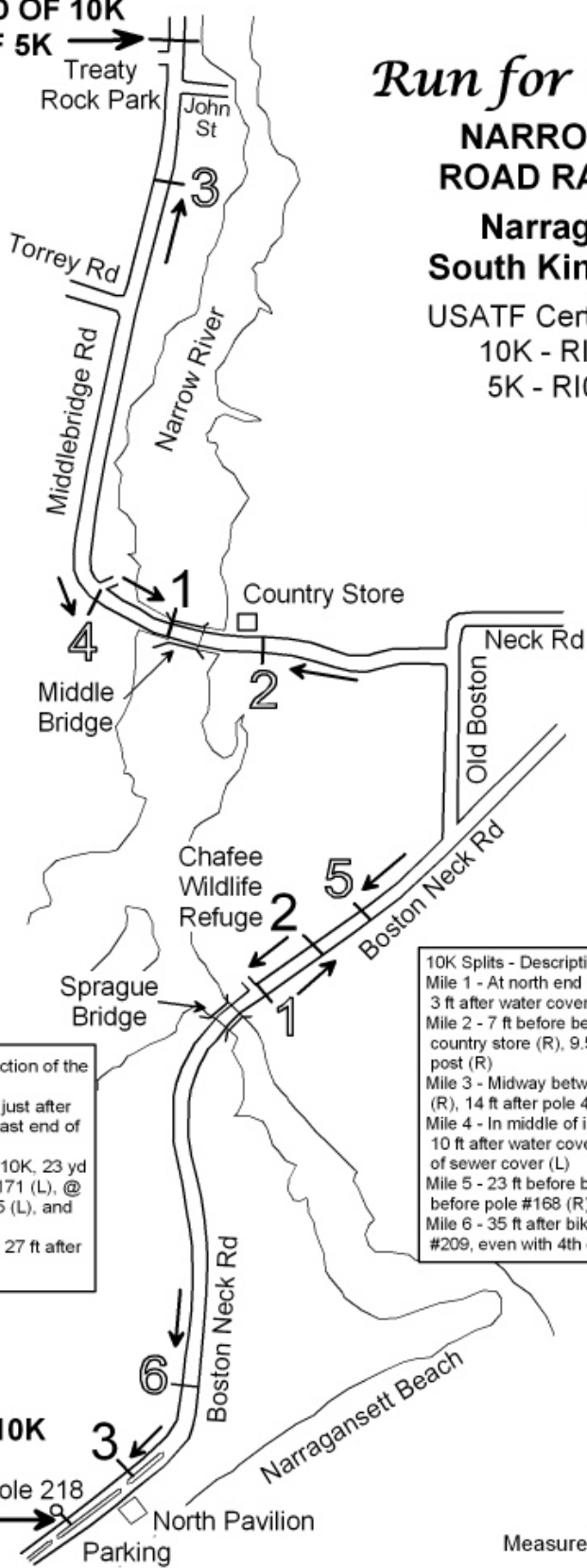
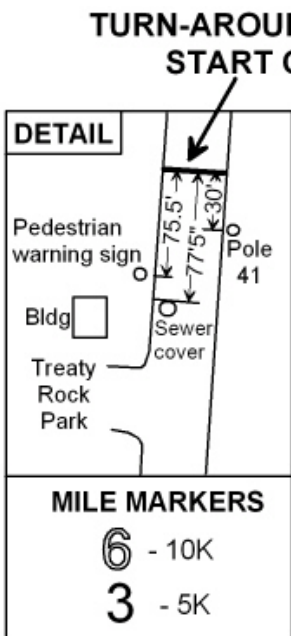


Run for the River

NARROW RIVER ROAD RACE - 2007

Narragansett - South Kingstown, RI

USATF Certified Courses
 10K - RI06004RN
 5K - RI06005RN



5K Splits - Descriptions are in the direction of the race

Mile 1 - At west end of Middle Bridge, just after 4th bridge fence post (L), even with east end of storm drain

Mile 2 - One-tenth mile after mile 5 of 10K, 23 yd after pole 170 (L), 33 yd before pole 171 (L), @ 40 yd before driveway #325 and #345 (L), and 39 yd after storm drain (R)

Mile 3 - 38.5 ft before pole (no #), and 27 ft after end of storm drain (R)

10K Splits - Descriptions are in the direction of the race

Mile 1 - At north end of entrance to wildlife refuge (L), 3 ft after water cover

Mile 2 - 7 ft before beginning of front door to # 95 country store (R), 9.5 ft after last telephone pole fence post (R)

Mile 3 - Midway between Harcourt St (R) and River Ave (R), 14 ft after pole 46/5069

Mile 4 - In middle of intersection with Lafayette St (L), 10 ft after water cover (L), and 14 ft before beginning of sewer cover (L)

Mile 5 - 23 ft before beginning of stone wall (R), 33 yd before pole #168 (R)

Mile 6 - 35 ft after bike route sign (R), 19 ft before pole #209, even with 4th curb crack before pole #209

START & FINISH OF 10K
FINISH OF 5K

Pole 218
 North Pavilion
 Parking