Mark Your Calendar
The 42nd NRPA Annual Meeting will be held on Thursday, October 4, 2012, from 7:00 to 10:00 p.m. at the Coastal Institute Auditorium on the URI Narragansett Bay Campus. See page 3 for details.

Four Receive NRPA Scholarships
Congratulations to the 2012 NRPA/Lesa Meng College Scholarship winners: Caitlin Bousquet, Elizabeth Castro, Annie Hall and Tina Luo. More on page 3.

25th Annual Narrow River Road Race
More than 240 runners and walkers participated in this year’s Narrow River Road Race. See page 4 for race results.

Seventh Narrow River Turnaround Swim
Fred Bartlett finished the 2012 Narrow River Turnaround Swim in 21 minutes and 26 seconds. Others took almost an hour. But all enjoyed this annual open-water swim that celebrates the beauty of Narrow River. See page 6 for the times for all 116 participants.

Also inside: President’s Cove, Pettaquamscut Paddle and Thank You, Sponsors.

Maps for Self-Guided Tours of Narrow River
The Rhode Island Blueways Alliance has published a series of “paddle maps,” including two maps of Narrow River, that “enable watershed organizations throughout Narragansett Bay to showcase paddling opportunities.”

The Narrow River maps include information on places to put in, points of interest and suggested routes for safely exploring one of the most beautiful waterways in Southern New England. One map shows routes on the Upper and Lower Ponds with access points at Gilbert Stuart and Lacey Bridge. The other map covers lower Narrow River from the Pollock Avenue Boat Ramp to Pettaquamscutt Cove and the Narrows. The maps also include information on the natural and cultural history of the watershed.

“There is no better vantage point than water level to explore the beauty of the river,” says Jason Considine who headed up the mapping project for NRPA, with assistance from fellow NRPA Board members Dr. Veronica Berounsky and Dr. Jon Boothroyd.

The maps are available from the Paddle Maps page on the NRPA website (www.narrowriver.org). You can also download the maps from the R.I. Blueways Alliance site (www.exploreRI.com), where you can view maps for other watersheds around Narragansett Bay.
President’s Cove

On Thursday, October 4, NRPA will hold its 42nd Annual Meeting on the URI Narragansett Bay Campus, during which we will review activities this year and discuss plans for the 2012-2013 membership year, which starts on September 1. The featured presentation will be a report on the 20 years of data from the Narrow River Watershed Watch program, in which volunteers test water quality at 14 locations along the river. Under a grant from the Rhode Island Rivers Council, NRPA has created a highly accessible, publicly available database, which educators, researchers, and decision makers in the watershed towns and at the state level can rely on for extensive, quality-assured information about the river.

I know the database will be an important resource for NRPA’s education mission. It will be integrated into the Watershed Science for Educators course, the Active Watershed Education (AWESome) curriculum, and a revised Narrow River Handbook. We will also use the data and analysis to promote protection of the river with Narrow River Notes, our website, and displays at events such as the Road Race and the On Pettaquamscutt winter speaker series.

We are able to continue Narrow River Watershed Watch and other preservation and education programs because of generous support from groups such as the Rhode Island Rivers Council, sponsors of the fund-raising events described in this newsletter, and most importantly, contributions from the annual membership drive. So, I encourage you to join NRPA for the 2012-2013 membership year, and thank you in advance for becoming a new member or renewing your membership.

Sincerely,

Richard Grant
NRPA President
Four Receive NRPA Scholarships

Congratulations to the 2012 NRPA/Lesa Meng College Scholarship winners: Caitlin Bousquet, Elizabeth Castro, Annie Hall and Tina Luo. Scholarship applicants are evaluated on several factors including the student’s environmentally oriented activities in and out of high school; the quality of an original essay on an environmental problem/issue relevant to the Narrow River; science teacher’s recommendation and academic achievement in math and science courses. We wish continued success to our four winners:

♦ Caitlin Bousquet is a graduate of Narragansett High School where she was a Rhode Island Environthon participant. Caitlin’s team won third place in the state and the team won the state-wide forestry exam with the highest score in state history. Caitlin plans to attend Marymount University in Arlington, Virginia in the fall, where she will major in biology.

♦ Elizabeth Castro has been a participant for the last two summers with the Narrow River Watershed Watch program. She is a graduate of Narragansett High School, where she played on the high school soccer team for four years. Elizabeth will be attending Lehigh University in Bethlehem, Pennsylvania in the fall, where she intends to study engineering.

♦ Annie Hall, a graduate of Narragansett High School, will attend Northeastern University in Boston. Annie was also two-year participant in Narrow River Watershed Watch. She was also an active Girl Scout and a member of Future Farmers of America. Annie plans to major in nursing at Northeastern.

♦ Tina Luo, a graduate of South Kingstown High School, will be attending the University of California at Berkeley in the fall. Tina plans to study environmental sciences with emphasis on ecology and plant biology. Tina was president of the Amnesty International at S.K., Vice President of Students for Justice, and Student Council Historian.

Annual Meeting Is October 4

Have you ever asked, “Is it safe to swim in Narrow River?” or “Can you eat the fish and shellfish?” Or wondered how the health of the river has changed over the years? Answers to these and other questions will be part of the featured presentation at the 42nd NRPA Annual Meeting on Thursday, October 4 at the URI Bay Campus in Narragansett.

NRPA Board members Dr. Veronica Berounsky and Annette DeSilva will give an overview of 20 years of data collected in NRPA’s volunteer water quality monitoring program. They will share findings from their analysis of water quality trends, seasonality patterns, and storm events. They will compare bacterial and nutrient levels at various river monitoring locations.

The Annual Meeting will also include:

♦ Reports on NRPA activities and highlights from the past year
♦ Updates on important issues affecting the Narrow River including water and land use management efforts
♦ Highlights from NRPA’s education program
♦ Presentation of the W.E.R. La Farge Memorial Friend of the River Award
♦ Drawing for this year’s kayak raffle.

So, please join us at our 2012 Annual Meeting on Thursday, October 4, at the Coastal Institute Auditorium, URI Bay Campus, South Ferry Road, Narragansett.

Refreshments will be served at 7:00 p.m. and the meeting will begin at 7:30 p.m.

Visit www.narrowriver.org for directions and the meeting agenda.
NRPA: Preserving the Narrow River and the Watershed

Two hundred and forty-six runners and walkers took part in the 25th Annual Narrow River Road Race on Saturday, May 19.

In the 10K run, Joe Siravo of Boston (above, right and below, right) jumped off to an early lead and never gave it up, winning the event in 36 minutes, 42 seconds.

Claire Gadrow of South Kingstown was the top female finisher in the 10K with a time of 41:32.

Following are top three male and female finishers in each age group for the 10K and 5K events. The number on the left is the place within the group; the number on the right is the place among all runners in the event.

**10K Run - Men Under 19**
1  0:47:55 Christopher Ratigan, East Greenwich, R.I.  32

**10K Run - Men 19 to 39**
1  0:36:42 Joe Siravo, Boston, Mass.  1
2  0:38:41 Jay Calveri, Newport, R.I.  2
3  0:38:50 Joshua Curtis, Sandwich, Mass.  3

**10K Run - Men 40 to 49**
1  0:41:36 Tom Carney, Jamestown, R.I.  7
2  0:41:36 David Tetreault, Narragansett, R.I.  8
3  0:42:17 Marc McLeod, Naples, Maine  9

**10K Run - Men 50 to 59**
1  0:44:13 Kressly Spyder, New London, Conn.  16
2  0:44:17 Tim Lynch, North Kingstown, R.I.  17
3  0:44:33 John Vallune, East Greenwich, R.I.  19

**10K Run - Men 60 to 69**
1  0:42:39 Jim Ryan, Ludlow, Mass.  11
2  0:48:14 Herb Armstrong, Newport, R.I.  35
3  0:49:13 Carl Palanzi, Fall River, Mass.  38

**10K Run - Men 70 and Older**
1  1:13:18 John Phillips, Matunuck Beach, R.I.  130

**10K Run - Women 19 to 39**
1  0:43:47 Tracey Foster, West Kingston, R.I.  14
2  0:46:38 Elizabeth Marchetti, Wakefield, R.I.  25
3  0:48:28 Maureen Haran, Brookline, Mass.  36

**10K Run - Women 40 to 49**
1  0:41:32 Claire Gadrow, South Kingstown, R.I.  6
2  0:47:05 Tracey Allen Duff, Wakefield, R.I.  27
3  0:54:21 Kris Senecal, North Smithfield, R.I.  60

**10K Run - Women 50 to 59**
1  0:44:05 Marge Bellisle, Warren, R.I.  15
2  0:47:40 Mary Camire, Wakefield, R.I.  29
3  0:54:21 Kris Senecal, North Smithfield, R.I.  60

**10K Run - Women 60 to 69**
1  1:49:00 Carol Janus, Hope, R.I.  135

**5K Run - Men Under 19**
1  25:42 Sean MacDonald, Narragansett, R.I.  20
2  27:22 Tillman Bartholomew, Belgrade, Mont.  26
3  29:20 Kane Hall, Narragansett, R.I.  37

**5K Run - Men 19 to 39**
1  16:47 Thijs Kolet, Providence, R.I.  1
2  20:54 James Tsagaroulis, Saunderstown, R.I.  6
3  21:54 Webb McDonald, Portsmouth, R.I.  7

**5K Run - Men 40 to 49**
1  19:01 Mark Wholey, Wakefield, R.I.  2
2  19:33 James Chaves, Providence, R.I.  5
3  27:29 Brian Shim, Providence, R.I.  29

**5K Run - Men 50 to 59**
1  19:03 Fred Bartlett, Narragansett, R.I.  3
2  23:06 Mark Lardati, Winsted, Conn.  11
3  23:54 David Hemendinger, East Greenwich, R.I.  12

**5K Run - Men 60 to 69**
1  22:28 Toby Roberts, Narragansett, R.I.  8
2  26:52 John Cory, Cranston, R.I.  23
3  31:26 Tom Green, Wakefield, R.I.  51

**5K Run - Men 70 and Older**
1  29:33 Jack Campbell, Warwick, R.I.  40
5K Run - Women 19 to 39
1  19:23  Michaeline Nelson, Providence, R.I.  4
2  22:52  Maggie Rokovic, Narragansett, R.I.  10
3  24:03  Jennifer Castro, Narragansett, R.I.  13

5K Run - Women 40 to 49
1  24:05  Mary Lincoln, Narragansett, R.I.  14
2  26:35  Melita Motherway, Mystic, Conn.  22
3  27:28  Linda Leduc, Harrisville, R.I.  28

5K Run - Women 50 to 59
1  33:09  Patricia Reposa, Rockville, R.I.  59
2  35:53  Laura Angell, East Greenwich, R.I.  66
3  36:38  Kathy Lafond, Wakefield, R.I.  67

5K Run - Women 60 to 69
1  27:36  Shirley Freitag, Narragansett, R.I.  30
2  32:44  Lynne Hale, Saunderstown, R.I.  58

5K Run - Women 70 and Older
1  39:47  Kathleen Kelley, Greenville, R.I.  72

5K Walk
37:59  Karen Flint, Narragansett, R.I.  1
39:52  Russell Brown, Wakefield, R.I.  2
41:04  Theresa Mattos, Portsmouth, R.I.  3

Some the 48 participants in this year’s Pettaquamscutt Paddle on July 21 view the sun setting over Tower Hill from a sand bar in the Narrows. The event, sponsored by the Rhode Island Blueways Alliance and Narrow River Kayaks, featured an evening tour of lower Narrow River including Gooseberry Island, the Pettaquamscutt Cove and the Narrows. Before and after the tour, there were talks on the ecology of the watershed, raffles and refreshments. All proceeds from the event went to the NRPA. Many thanks to Jason Considine and his crew at Narrow River Kayaks for organizing what one participant called “the best event of the summer.”

Keeping Pace
Paras Aryal and Dibya Tripathi, both of North Providence, cross Middle Bridge on their return to Narragansett Beach where they finished the 10K in 1:06:12.

(PHOTOS PAGES 4 AND 5: JOHN McNAMARA)
Here are times for all swimmers in the Seventh Narrow River Turnaround Swim.

2 21:36 Matt Gilson, Providence, R.I. | 17 24:50 Merin Troutman, Mystic, Conn.
3 22:40 Amanda Guy, Lakeville, Mass. | 18 24:54 Bob Nelson, Arrowsic, Maine
4 23:03 Dianne Leight-Doucett, Wakefield, R.I. | 19 25:17 David Cote, Wakefield, R.I.
8 23:40 Carly Eckles, Sherborn, Mass. | 23 26:00 Megan Falkenberry, East Greenwich, R.I.
9 23:44 Tim Morse, Seekonk, Mass. | 24 26:06 Sally Miranda, East Greenwich, R.I.
10 23:51 Douglas Sayles, Middletown, R.I. | 25 26:08 David Prior, Warwick, R.I.
13 24:17 Frank McQuigg, East Providence, R.I. | 28 26:21 Christopher Roman, Wakefield, R.I.
14 24:22 David Grote, Coventry, R.I. | 29 26:53 Timothy Coffey, Wakefield, R.I.

Fred Bartlett of Narragansett (above) steps out of Narrow River ahead of 115 other swimmers in the Seventh Annual Narrow River Turnaround Swim on Saturday, June 23. Bartlett completed the one-mile loop course in 21 minutes and 26 seconds.

(Photo: Charlie Biddle)

Paul McCaffrey (left) and Mick Westkott, Cochairs of the Turnaround Swim Committee, congratulated Amanda Guy of Lakeville, Massachusetts, who finished the swim in 22 minutes and 40 seconds, the best time among women and the third fastest overall.

(Photo: Annette DeSilva)
<table>
<thead>
<tr>
<th>Time</th>
<th>Name</th>
<th>Location</th>
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<tbody>
<tr>
<td>27:00</td>
<td>Thomas Page</td>
<td>Leeds, Maine</td>
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<tr>
<td>27:02</td>
<td>Matthew Oliverio</td>
<td>East Greenwich, R.I.</td>
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<td>27:06</td>
<td>Anthony Sisti</td>
<td>Newport, R.I.</td>
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<td>27:06</td>
<td>Paul Dow</td>
<td>Portsmouth, R.I.</td>
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<td>27:08</td>
<td>Joseph Strong</td>
<td>Barrington, R.I.</td>
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<td>27:14</td>
<td>Andreas Ladas</td>
<td>Wakefield, R.I.</td>
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<td>27:26</td>
<td>Robert Records</td>
<td>Wakefield, R.I.</td>
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<td>27:38</td>
<td>Michael Davis</td>
<td>Warwick, R.I.</td>
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<td>27:58</td>
<td>George Alexandre</td>
<td>Barrington, R.I.</td>
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<td>28:13</td>
<td>Tommy Sprague</td>
<td>East Greenwich, R.I.</td>
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<td>28:16</td>
<td>Nikki Trupiano</td>
<td>East Greenwich, R.I.</td>
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<td>28:19</td>
<td>Allison Falkenberg</td>
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<td>28:22</td>
<td>Isabel Buroker</td>
<td>Providence, R.I.</td>
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<td>28:32</td>
<td>Cheyanne Grote</td>
<td>Coventry, R.I.</td>
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<td>28:36</td>
<td>Graham Powers</td>
<td>Middletown, R.I.</td>
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<td>28:40</td>
<td>Perry Ross</td>
<td>Newport, R.I.</td>
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<td>29:01</td>
<td>Kathy Lewis</td>
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<td>29:06</td>
<td>Susan O’Hara</td>
<td>Warwick, R.I.</td>
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<td>29:09</td>
<td>Mary Phelan</td>
<td>Wakefield, R.I.</td>
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<td>29:24</td>
<td>Colleen Callaghan</td>
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<td>29:30</td>
<td>Michael Gardner</td>
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<td>29:56</td>
<td>Beth Rodewig</td>
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<td>29:59</td>
<td>Kelsey Degnan</td>
<td>Warwick, R.I.</td>
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<td>30:04</td>
<td>Onne van der Wal</td>
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<td>John Carter</td>
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<td>David Spilane</td>
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<td>30:13</td>
<td>Michael Garr</td>
<td>Kingston, R.I.</td>
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<td>30:16</td>
<td>Curt Mason</td>
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<td>30:26</td>
<td>Michael Zani</td>
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<td>30:44</td>
<td>Kim Trupiano</td>
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<td>Lori Pugh</td>
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<td>Todd Gregory</td>
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<td>31:01</td>
<td>Madeline Brannon</td>
<td>Warwick, R.I.</td>
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<td>31:14</td>
<td>Judy Beckman</td>
<td>Jamestown, R.I.</td>
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<td>31:21</td>
<td>Thor Johnson</td>
<td>Saunderstown, R.I.</td>
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<tr>
<td>31:27</td>
<td>Lilly Wolfgang</td>
<td>East Greenwich, R.I.</td>
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<tr>
<td>32:11</td>
<td>Anne Walsh</td>
<td>Riverside, R.I.</td>
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<td>32:21</td>
<td>Michael Buonaccorsi</td>
<td>Pawtucket, R.I.</td>
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<td>32:25</td>
<td>Katherine Bell</td>
<td>Narragansett, R.I.</td>
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<td>32:44</td>
<td>Ann Strong</td>
<td>Barrington, R.I.</td>
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<tr>
<td>32:48</td>
<td>Susan Hannel</td>
<td>North Kingstown, R.I.</td>
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<tr>
<td>32:53</td>
<td>Miles Dowling</td>
<td>Riverside, Conn.</td>
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</tbody>
</table>

32:55 Joe Dowling, Riverside, Conn.

32:57 Ezra Smith, North Kingstown, R.I.

33:02 Joe Serdakowski, East Greenwich, R.I.

33:04 Jonathan Cooper, Newport, R.I.

33:18 David Haskett, Kingston, R.I.

33:25 Manny Astiasaran, Glastonbury, Conn.

33:28 Richard Wallace, Wakefield, R.I.

33:29 Leslie Battle

33:31 Edgar Mercado, North Kingstown, R.I.

33:33 Brain Gardner, Narragansett, R.I.


33:37 Bethany Healey, Derwood, Maryland

33:47 Brian Sullivan, Saunderstown, R.I.

33:54 Jennifer Buonaccorsi, Providence, R.I.

33:57 Kelly Powers, Middletown, R.I.

34:13 Deanne Capotosto, Narragansett, R.I.

34:22 Betsy McGrail, Leeds, Maine

34:54 Rich Bell, Narragansett, R.I.

35:09 Patrick Brannon, Warwick, R.I.

35:11 Perry Buroker, Providence, R.I.

35:13 Alison Cleary, Narragansett, R.I.

35:15 Kelsey Obeneur, Narragansett, R.I.

35:23 Gregory Behie, Wakefield, R.I.

35:23 Solange Morrissette, Newport, R.I.

35:37 Richard Limbird, Saunderstown, R.I.

35:50 Stephanie LaPlante, Narragansett, R.I.


36:33 Jason Considine, Saunderstown, R.I.

36:57 Kathleen Gorman, Wakefield, R.I.

37:06 Dana Sarubbi, Narragansett, R.I.

38:10 Marc Lamson, Narragansett, R.I.

39:06 Amy Sexsmith, Narragansett, R.I.

39:35 Mark Hefner, Warwick, R.I.

40:36 Richard Terek, Providence, R.I.

40:50 Steven Turilli, Jamestown, R.I.

41:09 Nicole Rattay, North Kingstown, R.I.

43:11 Ann-Marie Harrington, Providence, R.I.

43:30 Louis Sardelli, East Greenwich, R.I.

45:29 Stephen Hale, Saunderstown, R.I.

47:10 Tracy MacNeal, Narragansett, R.I.

47:36 Carol Sarubbi, Narragansett, R.I.

48:14 Bob Stepanian, Narragansett, R.I.

48:34 Veronica Berounsky, Narragansett, R.I.
Thank You, Sponsors

Many thanks to the following companies and individuals for their generous support of NRPA in 2012 through sponsorship of events such as the Narrow River Road Race and the Narrow River Turnaround Swim:

A Quick Tire
AAA of Southern New England
Albert Knight Antonio Fund
All That Matters
Bagelz the Bagel Bakery
Bart’s Flooring & Carpet Center
Basil’s of Narragansett
Belmont Market
Bess Eaton Coffee Shop
Brickley’s Ice Cream
Buckley Heating & Cooling
Camire’s Athletic Soles
China Garden
Mr. and Mrs. Paul J. Choquette, Jr.
Christopher & Regan Insurance Inc.
Citizens Bank

Crazy Burger Cafe and Juice Bar
Crosswynd Traders
Damon’s Hardware
Attorney Martha Day
DB’s Pizza
Dunkin’ Donuts
Ernie Esposito RE/MAX Flagship
Feet First
Lawrence L. Goldberg Law Associates
Graphic Expressions
The Kingston Hill Bookstore
Italian Village Restaurant
Laurel Lane Country Club
Rob and Peggy Leeson
Mews Tavern
Perry and Bill Moylan
Nardolillo Funeral Home
Narragansett Pest Control
Narrow River Kayaks
New England Runner
Northup’s Imported Car Service
Old Mountain Lanes
PD’s Pizza
Pick Pockets Deli
Picture This Framing Center & Gallery
PJ’s Pub
Purple Cow

Rawlings Floor Coverings
Rhody Joe’s Saloon
Roch’s Fresh Foods

South County Hospital
South County Orthopedics
Starbucks
Sweenor’s Chocolates
Trio Restaurant/The Newport Group
U.S. Fish & Wildlife Service
URI Rowing (Oarsman)
Varsity Swim Shop
Wakefield Shoe Repair
Wickford Factory Outlet

(Photo: John McNamara)

(Photo: Charlie Biddle)