

# NARROW RIVER NOTES

Narrow River Preservation Association: Preserving the Narrow River and the Watershed

Summer 2008

## 21st Annual Narrow River Run Underwritten by the Citizens Bank Foundation

NRPA's 21st annual Narrow River Road Race on May 17th was a big success. The sky looked gray and ominous at first, but there was blue sky in the west when the runners started, and the clouds were disappearing by the time the first runners crossed the finish line. The new course we created when the new Middle Bridge was finished—from the Narragansett Town Beach to Treaty Rock Park in South Kingstown and back—was once again a big hit. Crossing the new Middle Bridge over Narrow River is an exhilarating sight and was enjoyed by runners and walkers alike.

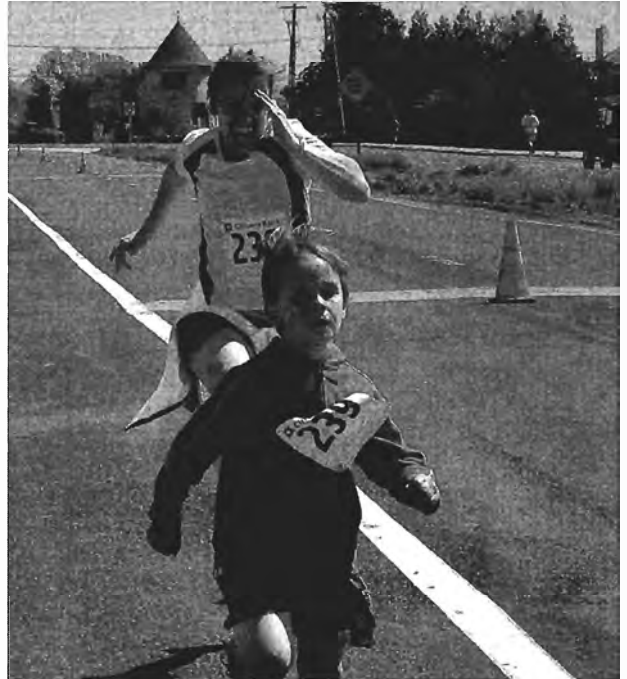
NRPA would like to express our sincere thanks to Citizens Bank for another year as our Presenting Sponsor. We also thank all of our other sponsors for their cash, gift certificate, or in-kind donations, including A Quick Tire/Auto Service, Abbott Action, Applied Science Associates, Banner Buick-GMC Truck Inc., Basil's Restaurant, Bay Realty, Belmont Marketplace, Birdwatcher's Nature View, Buckley Heating & Cooling, Cheeky Monkey, Damon's Hardware, Diprete Engineering Associates, the Dunes Club, Feet First, Lawrence Goldberg Law Office, R. B.

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Kayaks, Ocean State Blueprints, RI Automobile Dealers Association, River Bend Athletic Club, Roch's Fresh Foods, South County Hospital, Sweenor's Chocolates, Town Meats, Wickford Factory Outlet, Wickford Kayaks, and Mike Winter.

We deeply thank all of the runners and walkers plus the innumerable volunteers. It's your support that has kept us working and caring for the Narrow River the past thirty-eight years.

The men's overall 10K winner was Keven O'Neil of North Kingstown, who finished in 33:42—almost a minute off his winning time of 32:47 in last year's race. The women's overall 10K winner was Annette Barbay of Uncasville, Connecticut, who finished



*A real photo finish—Christian Roberti and Meg Mueller both finished the 5K run in 32:48 but he managed to just beat her across the line (photo by R.D. Kenney).*

in 44:25. In the 5K race, the men's top finisher, in 18:13, was Chad Straight of Narragansett—more than two minutes ahead of his closest rival.

*(Continued on page 5)*

## Third Time is the Charm! Turnaround Swim Wrap Up

We had the best conditions yet for the third Annual Narrow River Turnaround Swim on Saturday, June 28th. Under sunny skies, with no wind and 75-degree water, 97 swimmers took off in support of NRPA from the beach at URI's Campanella Rowing Center off Walmsley Lane in North Kingstown. It was a memorable sound and sight—the swoosh of many arms churning through the water and bobbing bright green swim caps moving out, around a buoy half a mile down the River, and back to the beach. Onlookers

described the sound as similar to a school of splashing bluefish. For the swimmers, the start seemed like a mass migration of alewives returning to the sea. But by the turnaround mark and the upriver leg, the line of swimmers had stretched out. And as in the previous two Swims, youth—and the Spinazzola family—had the lead.

One of the event co-chairs, URI swimming and diving coach Mick Westkott, noted "Our real purpose is to bring more awareness to people and

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Special Insert Race and Swim Results 2008

# The President's Cove

Once each summer, NRPA sends a summary of our accomplishments for the preceding year to every home in the Pettaquamscutt River Watershed. We do this to encourage NRPA members to renew their memberships, and to try to convince everyone else that they should become new members. We also want to advise members and non-members alike of the work that NRPA's volunteers have performed during the year in order to improve water quality in the River and quality of life in the human and natural communities along the River. Becoming a member means that you will be supporting all of the Water, Land, and Education programs of NRPA.



Membership in NRPA also means that we will be sending newsletters like this and other pertinent information to you throughout the year. One of the realities of today's world is that it has become much more difficult than in the past for small non-profit organizations to get news and information published in the newspapers. Because of this changing media landscape, the NRPA newsletter is becoming a more important element in how we communicate with our members and the broader community. We will also be trying to expand and improve our website ([www.narrowriver.org](http://www.narrowriver.org)) as a place to go for information about Narrow River, the Watershed, our activities, and other important happenings that can impact our communities.

NRPA's strength comes from the people who participate in our programs, which affect your living conditions. We encourage you to step up and take an active role. You can have the biggest impact by giving your time as a volunteer in one or more of our activities. Come to our annual meeting or any of our board meetings to see what we're doing. Or do your part through the medium of a monetary donation and membership. Becoming a member means more than just adding your \$30, \$50, or \$500 to our budget. It means that the next time I need to write a letter to the Town Council or CRMC or our Senators and Representatives, that first sentence that says "On behalf of the members of the Narrow River Preservation Association ..." will have a bigger number in that blank space, and therefore will have a bigger impact.

—Richard B. Grant

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## NRPA Annual Meeting

The Narrow River Preservation Association invites you to attend our 38th Annual Meeting on Tuesday evening, October 7th.

This year's meeting will feature a new format that we hope will encourage informal discussions between members of the community and Narrow River Watershed experts. Posters, maps, and slide shows will be on display. You will have the opportunity to learn the status of exciting Narrow River projects and plans and ask questions on a one-to-one basis.

You will meet the newly proposed NRPA Board of Directors. Awards will be given to extraordinary people who have dedicated their time to preserving our favorite River. The evening will conclude with the annual raffle drawing of this year's kayak winner.

Please join us at 7:00 pm for refreshments in the Hazard Room at the Coastal Institute Building, URI Bay Campus, South Ferry Road, Narragansett, with the program to start at 7:30.

—Annette DeSilva

## MISSION STATEMENT

The Narrow River Preservation Association (NRPA) works to preserve, protect, and restore the natural environment and the quality of life of all the communities within the Narrow (Pettaquamscutt) River Estuary and Watershed.

[www.narrowriver.org](http://www.narrowriver.org)

### NARROW RIVER PRESERVATION ASSOCIATION

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#### Narrow River Notes

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## 6239

NRPA is part of the United Way Workplace Campaign. This is our donor option number.

If you plan to make a United Way donation, please consider designating a portion of your gift to NRPA

## Rob Leeson Honored

The Narrow River Preservation Association honored the retirement of Robert Leeson, Jr. from its Board of Directors, after 22 years of service, with the creation of an endowment fund in his name to be established at The Rhode Island Foundation. Funding for the endowment was raised at a celebration event on a warm summer night under a full moon. During the event renowned artist Mimi Sammis created a painting of the Narrow River that was included in a silent auction with other works of art donated by Matthias Oppersdorf, Russell Flag, and Holley Flag.



Long time Board Member Robert Leeson  
(photo by Reid Cline)

NRPA Board members Annette DeSilva and Rosemary Smith welcomed over 200 guests; Chris Tompkins, also a member of the NRPA Board and chair of the planning committee for the celebration, introduced the events of the evening. Richard Grant, President of NRPA, spoke about the organization, its mission, and its major activities, including environmental education, water-quality monitoring, and protection of the Watershed land, as well as other projects involved with protection of and advocacy for the River and its Watershed area. Richard also thanked Rob Leeson for his 22 years of involvement with every aspect of NRPA and noted that Rob's input raised NRPA to the level it is today.

## Narrow River Swim

show them that Narrow River is a place that is safe for swimming." That was definitely accomplished with a large field of swimmers from throughout New England. The other co-chair, Narragansett Elementary School physical education teacher Paul McCaffery, also said "We felt it was a good time to show how much the NRPA has done for Narrow River. They've been instrumental in cleaning the River and have done a great job." Over \$2000 was raised to help fund NRPA's education,



The swimming Spinnazzola siblings dominated the 3rd Narrow River Turnaround Swim in June; from left to right are Luca (1st place), Angelica (13th), Bianca (2nd), and Chiara (6th) (photo by Annette DeSilva).

preservation, and protection programs.

Youth again prevailed, as it did in the two previous Swims, with teenagers capturing the top two places. Luca Spinazzola of Narragansett returned to the first-place finish he had in the inaugural swim in 2006, and with his fastest time yet, 20:25. He was followed by the first female finisher, his sister Bianca, at 21:04. David Cote, Thomas Gleason, Pieter DeHart, Chiara Spinnazola, Jonathan Dell, Richard Mack, Meron Troutman, and Brittany Olerio rounded out the top ten finishers. Fred Bartlett of Narragansett would have been in the top ten, but he decided to work on the Swim this year instead. Thanks, Fred! The complete results are included in a separate insert in this newsletter, and see the Road Race article to learn where to find all of the Swim photos.

NRPA and the Swim Committee would like to thank the sponsors who provided funds and donated goods that contributed to the success of this event. They were: Graphic Expressions, Varsity Swim Shop, URI Rowing, Christopher and Regan Insurance, Big Fitness, Hill'n'Harrier Track Club, Roch's Fresh Foods, Ryan Center, Washington Trust Company, Dave's Marketplace, Picture This, DB's Pizza, Advanced Hair Design, Bay Realty, Brickley's Ice Cream & Cakes, Bonnet Liquors, and an anonymous donor. On the weekend of the Swim, numerous volunteers

participated as lifeguards, safety kayakers, safety boat operators, and course setters, while others manned the registration, NRPA, Watershed Watch, and Canonchet Farm tables. The Swim Committee (Paul McCaffrey, Mick Westkott, Felix Sarubbi, Jason McNamee, Lori Pugh, Shelagh Donohoe, Perry Moylan, Richard Grant, Pat Gannon, Karen DeQuattro, Owen Devine, and Veronica Berounsky) thanks them all!

The 4th Annual Swim will take place on a Saturday in late June 2009!

—Veronica Berounsky

# "That Dock"



## 2008 NRPA Scholarships

NRPA is pleased to announce that the following students received the 2008 Lesa Meng/Narrow River Preservation Association scholarship in the amount of \$1000.00: Matthew Berry (North Kingstown High School), Marleana Peabody (South Kingstown High School), and Dana Sarubbi (Narragansett High School). The scholarship was renamed this year in honor of a deceased Board member. Lesa's husband and friends established a scholarship fund, enabling NRPA to provide \$1,000.00 scholarships to seniors graduating from high schools in the Watershed.

The scholarship is based on the student's environmentally-oriented activities during high school, academic achievement in science and math courses, a science teacher's recommendation, and an essay addressing the topic: Choose one environmental problem relevant to the Narrow River and discuss what you as an individual could do to mitigate the problem. Marleana Peabody was a member of South Kingstown High School's Students for Environmental and Social Justice Club for four years and helped establish a school-wide recycling program. Dana Sarubbi was a URI Watershed Watch monitor on the Narrow River for two years. Matthew Berry assisted in developing and mapping trails at the Gilbert Stuart Birthplace.

—Melissa Hughes

Once upon a time when my career was launched like a canoe slipping off the bank at Narrow River, I looked toward the source, to the left of our little dock. And then I turned my head in the other direction, toward the dunes and the ocean beyond. My brother had build the slat "sidewalk" from leftover lumber out of our dad's furniture warehouses. Our only real luxury in our lives was the fine watercraft to enjoy the river of return. This designer-brother chose his vocation in architecture, mostly the adaptation of existing structures to new uses. Recycling was a family tradition. So was spending summers at the shore.

And Narrow River was the best! Even the address suited us: Riverside Drive. I had just finished my studies, abroad and over the boundaries of our blessed colony, or state, or refuge, however you want to term our sort-of-island. Or peninsula, or plantation. And I was about to begin a life at Rhode Island School of Design. The first American artist had been born right here at the millpond of Narrow River. Gilbert Stuart was the perfect painter to inspire me: an amiable if moody fellow from a wee world who met the creators and coiners of the crisp new country. There was a graphite mine along the River: ah, we used to teach the tool of the pencil both in poetry and in portraiture! Another upon a time, I did my "career book" on my hopes to become an ornithologist. What better place to study birdlore than Narrow River? I could see the egrets and herons standing elegantly

in the reeds, once endangered and now a welcome but common sight. Swallows crossed the waterway, and ducks and other waterfowl formed their calm parade routes before my eyes. The dock at our newfound treasure in South County was the very spot where I discovered myself. I read Thoreau for the first time, preparing to teach "Walden" for my freshman class come September. I stared wistfully toward the bay but really into my inner resources at the tides of regret and renewal, the ebbs and flows of mood as the hours of that summer went by.

It was rather like this summer—some beautiful sunbeams gilding the lilies, silvering the sentimental statuary in the garden, washing the wildflowers with the late rays. But then there is the anxiety of August when you review the things you haven't done, you let go by, you should have set up for what's ahead, instead of only recalling what lies behind your wake.

There is not much that is more philosophical than a river, and not many rivers that can rival ours, here, the allure and the magnetic attraction of Narrow River. For me, its focus is That Dock. We have had our own place in Middlebridge for over three decades, and it offers a different perspective each season. But it all began in 1957, at the small square of planks I got my brother to sketch for me as a souvenir. To remind me of the inspiration,

*(Continued on Page 6)*



## 21st Annual Narrow River Road Race Results:

### 10K Run

#### Male, 18 and under:

[Place in age group, finish time, name, hometown, overall place]

1	40:45	Lino Cowdrey	Woodstock, CT	7
2	46:21	Ben Franks	Brattleboro, VT	25
3	48:13	Jonathan Dorich	Narragansett, RI	31
4	48:29	Zach Roch	N. Kingstown, RI	35
5	54:59	Leonid Bereslauskiy	Woodstock, CT	76

#### Female, 18 and under:

1	55:21	Caroline Jackson	Woodstock, CT	80
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#### Male, 19-39:

1	33:42	Keven O'Neil	N. Kingstown, RI	1
2	37:20	Anthony Cruoale	West Warwick, RI	2
3	39:14	Ted Vitalo	Cranston, RI	4
4	40:10	Kevin Kielty	Narragansett, RI	6
5	40:47	David Fitzgerald	Middletown, RI	9
6	40:55	Rick Cota	Wakefield, RI	10
7	42:35	Chris Klopfer	Warwick, RI	13
8	43:19	Scott Brancato	Providence, RI	16
9	43:26	Marc Davis	Barrington, RI	17
10	44:03	Marc Mott	Coventry, RI	19
11	47:53	Joseph Luiz	Johnston, RI	28
12	47:59	Chris Apostolon	Warwick, RI	29
13	49:22	Howard Mahady	Narragansett, RI	42
14	49:39	Andrew Altieri	Providence, RI	45
15	50:09	Will Griffith	Warwick, RI	49
16	50:24	Sam Crooks	N. Kingstown, RI	50
17	50:40	Lyle Reed	Newport, RI	52
18	51:15	Eric Benevides	Johnston, RI	53
19	51:25	Jesse Roberts	Cranston, RI	54
20	52:42	Michael Hurley	Chatham, NJ	61
21	52:46	Joe Looney	Wakefield, RI	62
22	53:13	Pat McCormick	Wakefield, RI	65
23	53:40	Christopher Doyle	Brighton, MA	68
24	55:18	Jason Santos	E. Providence, RI	79
25	55:51	Mark Cutrali	Cranston, RI	82
26	56:07	Jason Blackburn	Richmond, RI	85
27	58:58	Brian Rochelle	Providence, RI	95
28	64:41	Chris Berry	Pawtucket, RI	113

#### Female, 19-39:

1	44:25	Annette Barbay	Uncasville, CT	20
2	45:20	Colleen Egan	Woodstock, CT	23
3	46:28	Marisa Guarinello	Wakefield, RI	26
4	47:53	Elizabeth Kordowski	Wakefield, RI	27
5	49:55	Maureen McCarthy	N. Kingstown, RI	46
6	53:13	Cheryl Naylor	Wakefield, RI	64
7	53:23	Sarah Goodrich	Johnston, RI	66
8	53:50	Alison Cleary	Narragansett, RI	71
9	54:31	Jacquelyn Toledo-Barrera	Worcester, MA	73
10	55:08	Malia Aull	West Warwick, RI	78
11	55:56	Emily Conte	N. Providence, RI	83
12	56:06	Maria Rocchio	Narragansett, RI	84
13	57:16	Jaime Kaminski	Ormond Beach, FL	87
14	58:45	Bozena Chmielewski	Johnston, RI	94
15	58:58	Carrie Rochelle	Providence, RI	96
16	62:28	Laura Lambiase	E. Greenwich, RI	105
17	62:44	Bethany Therrien	E. Greenwich, RI	106
18	63:03	Aly Laughlin	E. Providence, RI	109
19	63:41	Caitlyn Carlson	Brookline, MA	110
20	67:10	Katie Balzano	Johnston, RI	114
21	72:54	Jillie Novak	E. Greenwich, RI	118
22	76:24	Alison Fliss	West Warwick, RI	119

#### Male, 40-49:

1	39:22	Jeffrey Vuono	Westerly, RI	5
2	42:06	Craig Duffin	Pawtucket, RI	12
3	42:55	Joseph Reddy	Warwick, RI	14
4	43:12	Edward Sullivan	Cranston, RI	15
5	43:51	Raymond Roch	N. Kingstown, RI	18
6	45:16	Fred Mason	Smithfield, RI	22
7	48:08	Esmond Harmsworth	Boston, MA	30
8	48:33	Mark Castro		36
9	48:41	Lawrence Regan	Wallingford, CT	39
10	49:23	Dan Shramek	Narragansett, RI	43
11	51:43	Brian Cunningham	Saunderstown, RI	56
12	52:50	Peter Rocchio	Narragansett, RI	63
13	53:37	Joseph Day	Portsmouth, RI	67
14	54:44	Terry Baron	Hope, RI	74
15	54:54	Roger Messier	Warwick, RI	75
16	55:27	Ken Pletzak	Saunderstown, RI	81
17	58:07	Nick Dorich	Narragansett, RI	91
18	58:17	Jeff Horner	Saunderstown, RI	92
19	60:57	Darren Bouwmeester	Belmont, MA	102
20	61:38	Scott Gamogi	E. Greenwich, RI	103
21	62:11	Richard Casey	Wakefield, RI	104

#### Female, 40-49:

1	50:05	Sue Bush	Narragansett, RI	48
2	52:41	Hollie Harder	Boston, MA	60
3	53:44	Lisa Dunham	Wakefield, RI	69
4	55:05	Martina Graziano	Peace Dale, RI	77
5	60:04	Vinnie Joyce	Charlestown, RI	99
6	60:27	Gail Larkin	Wakefield, RI	100
7	62:44	Susan D'Andrea	Barrington, RI	107
8	62:45	Lisa Langone	Salem, NH	108
9	63:52	Dorothy Zullo	Wakefield, RI	111

#### Male, 50-59:

1	38:39	John Brennan	N. Kingstown, RI	3
2	40:47	Angus Ross	Portsmouth, RI	8
3	45:59	Alan Elouadih	N. Kingstown, RI	24
4	48:14	Harry Buffum	Kingston, RI	32
5	48:25	Kenneth Staight	Narragansett, RI	34
6	48:41	Thomas Husband	Kingston, RI	38
7	48:59	Ron Stuart	Providence, RI	40
8	49:39	Steve Bonzagni	Narragansett, RI	44
9	49:57	David Reiss	Wakefield, RI	47
10	50:37	Stephen Crolius	Wakefield, RI	51
11	51:32	Jim Cotter	Wakefield, RI	55
12	52:13	Barry Blatt	Coventry, RI	58
13	57:30	Robert Jachowicz	Southboro, MA	89
14	59:15	Robert Falcone	Wakefield, RI	97
15	59:15	John Knowles	Wakefield, RI	98
16	67:17	Mark Zullo	Wakefield, RI	115
17	69:10	Ken Urban	Narragansett, RI	117

#### Female, 50-59:

1	45:00	Mary Camire	Wakefield, RI	21
2	49:21	Karen Carlson	E. Greenwich, RI	41
3	52:07	Maria Casas	Kingston, RI	57
4	57:04	Laurie Ruth	Wakefield, RI	86
5	58:35	Hope Houston	Providence, RI	93
7	60:43	Kim Falcone	Wakefield, RI	101

#### Male, 60-69:

1	48:16	Joe Behl	Charlestown, RI	33
2	53:54	John Cory	Cranston, RI	72
3	57:21	Edward Durbin	Kingston, RI	88

#### Male, age not provided:

-	41:48	Justin Bentley	Ashaway, RI	11
-	48:36	Dave Durning	N. Kingstown, RI	37
-	53:47	Richard Lennon	Narragansett, RI	70

-	64:34	Mike Parker	E. Greenwich. RI	112
-	67:23	Chuck Griffith	Warwick. RI	116

### Female, age not provided:

-	52:22	Katie Short	Cranston. RI	59
-	57:56	Karen Hillman	Hope. RI	90

## 5K Run & Walk

### Male, 18 and under:

1	20:48	Mike O'Heane	N. Smithfield. RI	3
2	21:13	Nathan Therien	Narragansett. RI	5
3	32:48	Christian Roberti	N. Kingstown. RI	55

### Female, 18 and under:

1	22:28	Paige Ethler	S. Kingstown. RI	9
2	24:50	Rachel Sliwowski	Narragansett. RI	17
3	24:50	Anais Grilli		18
4	29:45	Melissa Wallace	Woodstock. CT	42
5	31:28	Lana Goddu	Woodstock. CT	50
6	35:00	Emily Pietrzak	Saunderstown. RI	59

### Male, 19-39:

1	18:13	Chad Staight	Narragansett. RI	1
2	20:21	Nick Alfred	Newport. RI	2
3	21:34	CJ Moran	West Warwick. RI	8
4	24:36	Mario Palumbo	Charlestown. RI	15
5	26:28	Evan Shanley	Saunderstown. RI	25
6	27:21	Damian Mollo	Charlestown. RI	28
7	28:19	Mike Dorostheroy	Westbrook. CT	33
8	28:26	Mat Manne	Louisville. KY	34
9	30:03	Jason Berman	Charlestown. RI	45

### Female, 19-39:

1	21:27	Marie Dichiaro		7
2	25:54	Dominique Sirois	Narragansett. RI	22
3	25:54	Meredith Fetch	N. Windham. CT	23
4	28:37	Tess O'Keefe	Kingston. RI	35
5	28:56	Nora McNeilly	Lincoln. RI	38
6	29:04	Elena Mignot		39
7	29:34	Courtney Coutu	Greenville. RI	41
8	29:41	Jennifer Stearns	Narragansett. RI	43
9	30:02	Wendy Lucht	Kingston. RI	44
10	30:14	Jessica Natale	Charlestown. RI	46
11	30:50	Kristin O'Connor	Glenmont. NY	48
12	31:40	Amy Compton	Narragansett. RI	51
13	31:58	Alicia M. Germani	Greenville. RI	52
14	32:28	Courtney Silva	Marlborough. MA	53
15	34:36	Jill Reed	Newport. RI	57
16	39:54	Latasha Simmons	Seekonk. KS	65
17	40:09	Naom Dennis	Southboro. MA	66
18	46:52	Tara Theroux	N. Providence. RI	73

### Male, 40-49:

1	21:19	Ray Sikorowicz	Lincoln. RI	6
2	22:57	James Harder	Boston. MA	10
3	23:31	Shawn Burns	Newport. RI	11

4	23:54	Ted Andrew	West Kingston. RI	12
5	25:22	William Kinnes	Charlestown. RI	20

### Female, 40-49:

1	24:30	Elise Hedglen	Wakefield. RI	14
2	24:42	Ilene Guttin	Charlestown. RI	16
3	26:34	Liz McKanna	Narragansett. RI	26
4	30:55	Louisa Bishop	N. Scituate. RI	49
5	32:48	Meg Mueller	N. Kingstown. RI	56
6	36:44	Karen Flint	Narragansett. RI	61
7	42:30	Theresa Conroy	Providence. RI	69
8	42:31	Sue Cohagan	Providence. RI	70

### Male, 50-59:

1	21:07	Richard Lorenson	Hope Valley. RI	4
2	24:13	Jon Witman	Providence. RI	13
3	25:22	Paul Natale	Charlestown. RI	19
4	25:38	John Oheame	N. Smithfield. RI	21
5	26:52	Bob Botsford	E. Greenwich. RI	27
6	27:21	Marc Gursky	Saunderstown. RI	29
7	28:49	William Fabbri	Columbia. MD	37
8	29:21	Thomas Greene	Wakefield. RI	40
9	34:49	Paul Soma	Ashland. MA	58
10	35:25	E.J. Otis	Narragansett. RI	60

### Female, 50-59:

1	26:23	Marilyn Piti	Narragansett. RI	24
2	28:41	Shirley Freitag	Saunderstown. RI	36
3	47:34	Marjorie Albuighn	N. Kingstown. RI	74
4	50:30	Mary Conte	N. Providence. RI	78

### Male, 60-69:

1	30:50	Richard Geisler	Saunderstown. RI	47
2	32:30	Bill Hodge	Wakefield. RI	54
3	37:18	Claude Lavarre	Newport. PW	62
4	38:33	Michael Hoffer	Narragansett. RI	64
5	42:02	Alan Ryder	Cranston. RI	68

### Female, 60-69:

1	37:30	Kathleen Kelley	Greenville. RI	63
2	48:35	Ann Ricci	N. Providence. RI	76
3	49:19	Sylvia Barbay	Ocala. FL	77
4	59:34	Marjorie Clarke	Collinsville. CT	82

### Male, 70 and over:

1	59:33	Roger Clarke	Collinsville. CT	81
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### Male, age not provided:

-	28:02	Richard War		31
-	47:35	Neil McHaray		75

### Female, age not provided:

-	27:54	Peggy Stone	Newport. RI	30
-	28:10	Nadine Symington	Wakefield. RI	32
-	40:32	Colleen Smith		67
-	45:33	Krista Chappell		71
-	46:47	Anne Pearce		72
-	54:01	Julie Pearce		79
-	54:00	Crystal Pearey		80

### 3rd Annual Narrow River Turnaround Swim Results:

1	20:25	Luca Spinazzola	Narragansett, RI	50	29:26	Glenn Browning	Hope Valley, RI
2	21:04	Bianca Spinazzola	Narragansett, RI	51	29:28	Stephanie Hevenor	North Kingstown, RI
3	21:08	David Cote		52	29:34	Trice Kilroy	Jamestown, RI
4	21:19	Thomas Gleason	Middletown, RI	53	29:36	Stephen Lysik	Wakefield, RI
5	21:30	Pieter DeHart	Narragansett, RI	54	29:38	Gary Dorfman	Saunderstown, RI
6	21:34	Chiara Spinazzola	Narragansett, RI	55	29:41	Chris Saucie	East Greenwich, RI
7	22:58	Jonathon Dell		56	29:44	Ron Chofay	
8	23:11	Richard Mack	Bristol, RI	57	30:14	Thomas Sprague	East Greenwich, RI
9	23:24	Merin Troutman	Mystic, CT	58	30:20	Thor Johnson	Saunderstown, RI
10	23:28	Brittany Olerio		59	30:45	Rick Nicastilo	Exeter, RI
11	23:43	Paul Leveillee	North Attleboro, MA	60	31:07	Brian Sullivan	Saunderstown, RI
12	23:49	Allan Randall	North Kingstown, RI	61	31:12	David Egan	East Greenwich, RI
13	23:56	Angelica Spinazzola	Narragansett, RI	62	31:15	Cathy Betts	Narragansett, RI
14	24:01	Theodore Schneider		63	31:26	Vincent McAtcer	Warwick, RI
15	24:25	Timothy Ely	Middletown, RI	64	31:33	David Strauss	
16	24:31	Mary Westkott	Quaker Hill, CT	65	31:40	Joseph Serdakowski	East Greenwich, RI
17	24:37	Megan Farkenbury	East Greenwich, RI	66	31:47	Perry Moylan	
18	24:45	Shawn Connell	Portsmouth, RI	67	31:54	Kitty Carter	Wakefield, RI
19	24:48	Neil Greenspon	Barrington, RI	68	32:00	John Sloney	
20	24:52	Lori Pugh	North Kingstown, RI	69	32:18	Valerie Sajaloan	
21	25:01	Jenny Harvey	Brighton, MA	70	32:22	Danielle Fournier	
22	25:09	Anne Galliher	Old Lyme, CT	71	32:25	Steven Bartholomew	Saunderstown, RI
23	25:17	Stephen Hlaughton	West Greenwich, RI	72	32:27	Kathy McDonald	East Greenwich, RI
24	25:22	Bruce Bowie		73	32:33	Louis Sardelli	East Greenwich, RI
25	25:35	Craig Fulton	Newport, RI	74	31:39	Olga Bravo	Pawtucket, RI
26	25:41	Robert Nelson	Arrowsic, ME	75	33:25	William Worthy	
27	25:43	Adrian Rishworth	North Kingstown, RI	76	33:34	Brian Gardner	Narragansett, RI
28	25:46	Sephania Sarvia	West Warwick, RI	77	33:46	Burt Strom	Wakefield, RI
29	25:50	Aileene Palm	Shannock, RI	78	34:04	Ezra Smith	
30	26:00	Ryan Currell	Middletown, RI	79	34:27	Peggy Stone	
31	26:16	Gretchen Boehm	Miami Beach, FL	80	34:38	Richard Limbird	Saunderstown, RI
32	26:21	Paige Marganti	East Greenwich, RI	81	34:40	David Heskett	Kingston, RI
33	26:26	Nancy Mahoney	Cranston, RI	82	34:47	Catherine Davis-Hayes	Warwick, RI
34	26:27	Fred Uttley	Jamestown, RI	83	35:11	Susan Hannel	
35	26:29	Joshua Laplante		84	35:16	John Gaudreaux	Coventry, RI
36	26:33	Chris Desisto		85	35:27	Amy Sexsmith	Narragansett, RI
37	26:37	Jaime Pascale		86	37:00	Raymond Roch	
38	27:16	Eric Desvauz		87	37:16	Dennis Nixon	Jamestown, RI
39	27:34	Correy Maher	Foster, RI	88	38:04	Jane Beezer	
40	27:40	Allisin Farkenbury	East Greenwich, RI	89	38:17	Jennifer Limbird	Saunderstown, RI
41	27:44	Mary Phelan	Wakefield, RI	90	38:19	Andrea Lamb	
42	28:08	Katy Tetreault	Narragansett, RI	91	38:25	Becky Gagnon	
43	28:20	Matt Marion		92	38:48	Nancy Sherman	
44	28:23	Marc Belanger	Shrewsbury, MA	93	38:57	Kathleen Staffer	
45	28:37	Skip Watson	Coventry, RI	94	41:55	Sandy Quaglieri	North Kingstown, RI
46	28:53	Bethaney Rossi	Wakefield, RI	95	43:31	Barbara Klitz	North Scituate, RI
47	29:01	Michael Garr		96	43:59	Carol Sarubbi	Narragansett, RI
48	29:09	Lynn Manning	Narragansett, RI	97	44:13	Veronica Berounsky	Narragansett, RI
49	29:22	Onne Van Der Waa	Newport, RI				

## Road Race Continued



*The start of the 10K at the Narragansett Town Beach (photo by R.D. Kenney).*

The top woman finisher was Mary Diciaro, with a time of 21:27. The complete results are included in a separate insert in this newsletter.

The top finisher in each class was presented with a matted print of the yellow-crowned night heron painting that also adorned the front of this year's Race t-shirts. Following the award presentations, a wide variety of donated prizes and gift certificates were distributed to runners whose bib numbers were drawn at random.

We are trying something new with the photos of this year's race. Bob Kenney took 137 digital pictures of the race, including each of the winners accepting his or her award. The photos have

been uploaded to a photo-sharing website (<http://narrowriver.myphotoalbum.com>). Anyone can access the album without registering, view photos, and download full-resolution copies at no cost.

—Richard B. Grant



*NRPA president Richard Grant (right) presenting Kathleen Kelley with the award for first place in her age group in the 5K run—for at least the third year in a row (photo by R.D. Kenney).*

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## Overturn Presentation Builds Watershed Awareness

The overturn of the Narrow River in October and November of 2007 produced many questions for the residents of Narragansett, North Kingstown, and South Kingstown. What was it all about? As part of NRPA's public education mission, Dr. Veronica Berounsky and I developed a PowerPoint presentation with maps, diagrams, pictures by professional aerial photographs by Nate and Don Bousquet, and amateur photography of the Narrow River and its Watershed. We have presented the slideshow at the URI Watershed Watch volunteer breakfast, the South Kingstown Land Trust annual meeting, the Maury Loontjens Memorial Library in Narragansett, and the South Kingstown Library in Peace Dale, as well as to sixth grade students at the Narragansett Pier School and seventh and eighth grade students at Jamestown Middle School. Awed by the beauty of the Watershed and puzzled by the River's overturn, participants asked thought-provoking questions which led to further discussions of these treasured assets to the communities. Pictures, diagrams, and maps along with scientific commentary from the presenters helped to educate the public about the Narrow River and its issues.

If you are interested in a showing of "What's That Smell? Documenting the Overturn of the Narrow River in the Fall of 2007" to a group, please contact Rosemary Smith at [rcsaims@aol.com](mailto:rcsaims@aol.com).



*Dr. Veronica Berounsky displays the plankton net used in testing the Narrow River after the overturn in the fall of 2007 (photo by Rosemary Smith).*

—Rosemary C. Smith



## Dock

the solace, the hope that springs like the springs that feed this living, curving stream of consciousness, to which I migrate at the spring solstice until the brink of the fall equinox.

This time, I explored it mostly on bicycle. Have you seen the sign that reads "I bike, therefore I am"? And I say hello to the tame swan that wags its tail like a pet pup at the bridge to which it sails regally but also like a regular. We recognize each other. It "adopts" the fledglings of other species (really!) and goes its own way in this world. I do too. I only cruised the river once, when a kind neighbor at dusk asked me aboard to say a special hello to That Dock that once was mine, and that survives there not only as my moment of truth at the dawn of my adult life, but as the embodiment of my parents' happiest times, their only reward for the efforts they made to guide us along the currents of our youthful quests. I salute them as we move past that rectangle and gracefully make our way among the wider and tighter passageways from one miniature world into another.

—Mike Fink, Middlebridge



**Rhode Island Rivers Council**  
Working together to protect and restore  
Rhode Island's rivers and their watersheds

NRPA is proud to be a member of  
the Rhode Island Rivers Council

## Student Studies Narrow River

Sarah Hayes, a senior at Tufts University, recently completed the SURFO (Summer Undergraduate Research Fellowship in Oceanography) program at the URI Graduate School of Oceanography. Sarah worked with Veronica Berounsky, David Borkman, Richard Bell, and Sheldon Pratt to collect samples and measurements from the Upper Pond in Narrow River. Their study was to compare results with tests taken after right after the overturn in the fall of 2007. Her findings were presented before her peers and other scientists on August 8th at the Corliss Auditorium on the URI Bay Campus.

--- Rosemary Smith



Dr. Veronica Berounsky (right) congratulates Sarah Hayes, a 2008 SURFO student, after Sarah's recent presentation on the URI Bay Campus (photo by Rosemary Smith).

**Save the Date!**  
**38th NRPA Annual Meeting**  
Tuesday, October 7th, 2008, 7:00 PM  
Coastal Institute, URI Bay Campus



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